

# 35<sup>th</sup> NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013

## SCIENTIFIC PROGRAMME

FRIDAY 8<sup>TH</sup> MARCH 2013

**(WS) Workshop on OCT** **BALL ROOM A** **1430- 1730**

### OCT- Optimizing Patient Management

**Moderator :** **M. Hanif Chatni** (Patel Hospital, Karachi)

Registration: 1430      Recitation from Holy Quran: 1445      Welcome Note: 1450

#### Presentation :

- |  |                           |      |
|--|---------------------------|------|
| 1. OCT in Glaucoma- step by step interpretation.   | <b>Nadeem Hafeez Butt</b> | 1455 |
| 2. OCT-Macular interpretation.   | <b>Muhammad Usman</b>     | 1510 |
| 3. Role of OCT in pre and postoperative Management of idiopathic macular holes                 | <b>Rubina Rehman</b>      | 1520 |
| 4. Role of OCT in the surgical management of macular surface disorder. Current advances of OCT | <b>Idrees Adhi</b>        | 1535 |
| 5. ICGA- The green power in ophthalmology.   | <b>Bushra Mushtaq</b>     | 1550 |
| 6. Macular cavitations, holes and cystic abnormalities on high resolution OCT.                 | <b>Rehman Siddiqui</b>    | 1605 |
| 7. OCT in Macular degeneration   | <b>P.S. Mahar</b>         | 1620 |
| 8. OCT Guided Management of Retinal. Vascular Disorders.                                       | <b>Bushra Mushtaq</b>     | 1635 |
| 9. Importance of progression and follow up OCT scans in clinical practice.                     | <b>M. Hanif Chatni,</b>   | 1650 |
| 10. Practical Demonstration on Spectralis OCT  |                           | 1700 |
| 11. Vote of Thanks   |                           | 1720 |

**(IC) Instruction Course** (Courtesy : Remington) **DILKUSHA** **1445 – 1730**

**1. Phakic Intraocular Lens in Posterior Chamber (ICL: Implantable Collamer Lens)** **1445 – 1535**

**Instructors :** **Zafar ul Islam**  
**Muhammad Naqaish Sadiq**

**2. When, What, Why, How???? of Pediatric Cataract.** **1540 – 1610**

**Instructor :** **Zia ul Mazhry**

**3. Intra corneal ring segment implantation** **1615 – 1650**

**Instructor :** **Dawood Khan**

**4. Strabismus; Assessment & Tips for Surgical Management** **1655 – 1720**

**Instructor : Sameera Irfan**

**Ali Haider Memorial Lecture** **BALL ROOM A** **1830 – 1900**

**Idrees Adhi : ROP and its management-Current Concepts.**

**INAUGURATION** **BALL ROOM A** **1900 – 2000**

**Chief Guest : Prof.Saleh Memon**

**Video Conference (Courtesy: ALCON)** **BALL ROOM A** **2030 – 2130**

**Topic : Optimizing Cataract Surgery**

**Speaker : J.S.Titiyal (India)**

**Moderator : Javed H Niazi**

**President's Dinner** **CONFERENCE ROOM** **2130 - 2300**

**35<sup>th</sup> NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013**

**SATURDAY 9<sup>TH</sup> MARCH 2013**

**REGISTRATION** **0830 - 0930**

**POSTER GALLERY** **KOHINOOR** **1130 - 1600**

**OSP WET LAB (Courtesy: ALCON)** **EMERALD** **1000 - 1600**

**SESSION # 1**

**(1A) Pediatric Ophthalmology & Strabismus** **BALL ROOM A** **0930 - 1100**

**Chair : Haseeb Alam**

**Co-Chair : Qamar Lodhi**

**Moderator : Munira Shakir**

0930	0938	Infectious etiology of congenital cataract based on TORCH.	Tariq Saleem
0938	0946	How to manage congenital Naso- Lacrimal duct obstruction.	Khawaja Khalid Shoaib
0946	0954	Isolated Inferior Oblique Myomectomy for Hypertropia.	Umair Qidwai
0954	1002	Cycloplegic Refraction in Children with Cyclopentolate versus Atropine.	Mazhar ul Hasan
1002	1010	Clinical effectiveness of monocalicular and bicanalicular silicone intubation for congenital nasolacrimal duct obstruction.	Asif Qazi
1010	1018	Visual outcome and complications of scleral fixation IOLs in aphakic children.	Israr Ahmed Bhutto
1018	1026	Adjustable sutures in constant exotropia.	Munira Shakir
1026	1034	Nasolacrimal duct obstruction in children: outcome of primary intubation.	Mariya Nazish Memon

1034	1042	Prediction error and myopic shift after intraocular lens implantation in paediatric cataract patients.	Mazhar ul Hasan
1042	1150	How to manage congenital cataract.	Khawaja Khalid Shoaib
1050	1100	<b>Discussion</b>	

**(1B) Free Papers** **DILKUSHA** **0930 - 1100**

**Chair** : **Riaz Baloch**  
**Co-Chair** : **Mian Muhammad Shafiq**  
**Secretary** : **M. Saeed Iqbal**

0930	0938	Retinal nerve fibre layer changes on OCT in suspected cases of Glaucoma.	Nargis Ashraf
0938	0946	Effect of different speculums on IOP.	Erum Shahid
0946	0954	Macular mapping in the diagnosis of Glaucoma.	Azfar N.A. Hanfi
0954	1002	Variability of intra ocular pressure measured by Air puff tonometer and trans palpebral tonometer.	Hafiz M. Abdullah
1002	1010	Comparison between 0.5% timolol maleate and 0.2% brimonidine tartrate in controlling increase in IOP after NdYAG Laser.	Haroon Tayyab
1010	1018	Raised Intra-ocular Pressure after Intravitreal Triamcinolone Acetonide in Diabetic versus No-diabetic Patients.	Abdul Sami Memon
1018	1026	Facial nerve palsy : Acute medical and surgical management	Sameera Irfan
1026	1034	Excision of Large Dermoid Cyst-Infantile Eye.	Faiza Islam
1034	1042	Eyelid and periorbital reconstruction following tumor excision: A difficult reconstructive challenge.	Faisal Ashfaq
1042	1050	A Case of Severe Proptosis, Treated By Multidisciplinary Approach--- Ultimate Benefit To The Patient.	Muhammad Waseem
1050	1100	<b>Discussion</b>	

**TEA BREAK** **MARQUEE** **1100 - 1130**

**35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013**

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**SESSION # 2**

**(2A) Vitreo Retina** **BALL ROOM A** **1130 - 1300**  
**Panel Discussion**

**Moderator** : **Rehman Siddiqui**  
**Panelists** : **1. Idrees Adhi**  
**2. Waqar Muzaffer**  
**3. Mazhar Ishaq**  
**4. M. Hanif Chatni**  
**5. Syed Fawad Rizvi**

**(2B) Cataract** **DILKUSHA** **1130 - 1300**  
**Free Papers**

**Chair** : **Mazhar Qayyum**

**Co-Chair** : **Dawood Khan**  
**Secretary** : **Ata ur Rehman**

1130	1139	Chronic persistent vertical diplopia after cataract surgery.	Alyscia M. Cheema
1139	1148	Visual results and safety profile of modified technique of four point sutured posterior chamber intraocular lens without scleral flaps.	Haroon Tayyab
1148	1157	Scleral Fixation of foldable PC IOLs.	Zia ul Mazhry
1157	1206	Intra operative floppy Iris Syndrome.	Jameel A. Burney
1206	1215	Posterior Polar Cataract: Do's and Don'ts.	Khalid Bhatti
1215	1224	Maintenance of pupillary dilation with new generation NSAIDS Napafenac group.	Shehnilla Shujjat
1224	1233	What will happen if you will not give subconjunctival injection at the end of Phaco surgery?	Irfan Qayyum Malik
1233	1242	Mixing and matching Refractive Hydrophilic Acrylic RAYNER multifocal IOLs.	Zia ul Mazhry
1242	1251	Efficacy of intracameral moxifloxacin to prevent postoperative endophthalmitis in cataract surgery.	S. Ather Hussain Shah
1251	1300	<b>Discussion</b>	

**LUNCH & PRAYERS**

**MARQUEE**

**1300 - 1400**

**35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013**

**SATURDAY 9<sup>TH</sup> MARCH 2013**

**SESSION # 3**

**(3A) Spotlight on Cataract & Refractive Surgery**

**BALL ROOM A**

**1400 - 1530**

**Moderator** : **Tanveer Anjum Chaudhry**  
**Panelists** : **1. M.H. Shahzad**  
**2. Zaheeruddin Aqil Qazi**  
**3. Sharif Hashmani**  
**4. Irshad Haider**  
**5. M. Hanif Chatni**  
**6. Maqsood Ahmed Burq**

**3B) Cornea & Anterior Segment**

**DILKUSHA**

**1400 - 1530**

**Chair** : **Akhtar Jamal Khan**  
**Co-Chair** : **Zafar ul Islam**  
**Moderator** : **Mazhar ul Hassan**

1400	1409	Anterior segment reconstruction of the eye.	Akhter Jamal Khan
1409	1418	Collagen cross linking and toric phakic IOL in a patient with keratoconus.	Zafar ul Islam
1418	1427	Prevention and causes of corneal blindness.	Faiza Islam
1427	1436	Innovations in refractive surgery "implantable contact lens.	M. Naqaish Sadiq

1436	1445	Effect of risk factors on out come in patients with bacterial keratitis.	Ghazi Khan
1445	1454	Acanthamoeba keratitis – case series.	Mahesh Kumar Luhano
1454	1503	Efficacy of sub conjunctival and topical Bevacizumab in high risk corneal transplant survival.	Nasir Bhatti
1503	1512	Co-relation between central corneal thickness measurements using two different ultrasonic pachymeters.	Sharmeen Akram
1512	1521	Retinal Detachment repair in eyes with Boston Kerato-Prosthesis.	Haris Shahzad
1521	1530	<b>Discussion</b>	

**TEA BREAK**

**MARQUEE**

**1530 - 1550**

**35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013**

**SATURDAY 9<sup>TH</sup> MARCH 2013**

**SESSION # 4**

**(4A) Glaucoma Interactive Session BALL ROOM A 1550 - 1715**

**Challenging cases in Glaucoma**

**Moderator : P.S. Mahar**  
**Panelists and Presenters : Syed. Imtiaz Ali**  
**Nadeem Hafeez Butt**  
**Khalid Talpur**  
**P.S. Mahar**

**(4B) Vitreo Retina DILKUSHA 1550 - 1715**

**Chair : Lateef Chaudhry**  
**Co-Chair : Mukhtar Ahmed**  
**Secretary : Syed Fawad Rizvi**

1550	1559	Choroidal imaging using spectral domain optical coherence tomography.	Fahad H. Sheikh
1559	1614	Retinal Marco-Aneurysms. STAR Eyes.	Bushra Mushtaq
1614	1623	When not to give anti-VEGF.	Rehman Siddiqui
1623	1632	Combining 23 g and 25 g pars plana vitrectomy for posterior segment diseases.	Huma Kiyani Saigol
1632	1647	Central Serous retinopathy. Look beyond the OCT.	Bushra Mushtaq
1647	1656	Pneumatic retinopexy are we benefiting enough?	M. Hanif Chatni
1656	1705	Immunohistochemical Analysis of Retro Silicone Oil Epiretinal membranes and without Silicone Oil Epiretinal Membranes.	Hussain A. Khaqan
1705	1715	<b>Discussion</b>	

## OSP CENTRAL COUNCIL MEETING

CONFERENCE ROOM

1730 - 1830

## SAARC ORGANIZING COMMITTEE MEETING

CONFERENCE ROOM

1830 - 1930

## OSP CENTRE GOLD MEDALS CEREMONY & BANQUET DINNER

MARQUEE

2030 - 2300

## 35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013

SUNDAY 10<sup>TH</sup> MARCH 2013

REGISTRATION

0830 - 0930

POSTER GALLERY

KOHINOOR

1130 - 1600

OSP WET LAB (Courtesy: ALCON)

EMERALD

1000 - 1600

### SESSION # 5

(5A) Mini Symposium on Orbit

BALL ROOM A

0930 - 1100

Chair : Amer Yaqoob  
Co-Chair : Sameera Irfan  
Moderator : Zahid Kamal Siddiqui

Orbital infections : Muhammad Moin  
Fracture floor of orbit : Zahid Kamal Siddiqui  
Fracture lateral wall of orbit : Shahjehan Katpar  
Reconstruction of orbit : Amer Yaqub  
Benign tumors of the orbit : Alyscia M Cheema  
Malignant tumors of the orbit : Javed Hasan Niazi

(5B) Retinoblastoma Session

DILKUSHA

0930 - 1100

Chair : Asad Aslam  
Co-Chair : Naseem Panezai  
Secretary : Shamvil Ashraf

Theme; Retinoblastoma; Together We Can Make the Difference

- |   |                  |        |
|---|------------------|--------|
| 1. Retinoblastoma at Children Cancer Hospital               | Matloob Alam     | 10min  |
| 2. Retinoblastoma at NICH                                   | Uzma Imam        | 10min  |
| 3. Workup and Chemotherapy of Retinoblastoma                | Ahmar Hamid      | 15min  |
| 4. Ophthalmological Management of Retinoblastoma            | Idrees Adhi      | 15min  |
| 5. Retinoblastoma issues and Management in Pakistan         | M.Shamvil Ashraf | 20min  |
| 6. Gene expression as a prognostic factor in Retinoblastoma | Asad Aslam       | 10 min |

TEA BREAK

MARQUEE

1100 - 1130

**35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013****SUNDAY 10<sup>TH</sup> MARCH 2013****SESSION # 6****(6A) Refractive Surgery  
Free Papers****BALL ROOM A****1130 - 1300**

**Chair : Zaheeruddin Aqil Qazi**  
**Co-Chair : Wajid Ali Khan**  
**Moderator : Misbahul Aziz**

1130	1138	Multifocal IOL in an unhappy patient. What to do?	Maqsood A. Burq
1138	1146	CCXL in the treatment of keratoconus.	Tanveer Chaudhry
1146	1154	Flap complications in LASIK.	Misbahul Aziz
1154	1204	Customized wavefront guided Lasik vision beyond 20/20.	M. Saeed Iqbal
1204	1212	Result of three years follow up of patient who had CXL for progressive keratoconus.	Wajid Ali Khan
1212	1220	Topography and its importance in detection of keratoconus.	Sharif Hashmani
1220	1228	Experience of Toric IOLs.	Zaheeruddin Aqil Qazi
1228	1236	Influence of UVA Riboflavin CCXL on biomechanical properties of keratoconus eyes.	Khaliq ur Rehman
1236	1244	Excimer laser with flying spot technology –PRK,LASIK and tissue saving LASIK.	Munira Shakir
1244	1252	Patient's perception of pain during Lasik.	Sharmeen Akram
1252	1300	<b>Discussion</b>	

**(6B) Vitreo Retina****DILKUSHA****1130 - 1300**

**Chair : Mazhar Ishaq**  
**Co-Chair : Shahid Wahab**  
**Secretary : Aziz ur Rehman**

1130	1139	Vitreo macular interface surgery in vitreo macular traction syndrome (VMT).	Syed Fawad Rizvi
1139	1154	Treatment of diabetic macular edema: The Birmingham experience.	Bushra Mushtaq
1154	1209	Non-posturing surgery for all macular holes	Rubina Rehman
1209	1218	Vitreoretinal interface disorders; OCT findings and surgical management.	Abdul Rasheed Khokar
1218	1227	Diagnosis of Vitreo-Macular Interface Abnormalities.	Rehman Siddiqui
1227	1236	Sutureless vitrectomy with 25 + gauge ultrahigh speed cutting duty cycle controlled vitrectomy system for complications of proliferative diabetic retinopathy.	Syed Fawad Rizvi
1236	1245	Comparative trials of anti- VEGF for AMD-2013 Update.	Rehman Siddiqui
1245	1300	<b>Discussion</b>	

**LUNCH & PRAYERS****MARQUEE****1300 - 1400****ELECTION OSP KARACHI BRANCH****CONFERENCE ROOM****1400 - 1700****35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013****SUNDAY 10<sup>TH</sup> MARCH 2013****SESSION # 7****(7A) Free Papers****BALL ROOM A****1400 - 1530****Chair : Nazir A. Laghari****Co-Chair : Ghulam Rabbani****Secretary : Sami ur Rehman**

1400	1409	Adjuvant effects of intravitreal bevacizumab to modified ETDRS grid laser in diabetic macular edema.	Mehtab A. Khanzada
1409	1418	Introduction of wide field angiography OPTOS.	Hussain A.Khaqan
1418	1427	Uveitis: medical and surgical management.	Haris Shahzad
1427	1436	Mean % decrease in central macular thickness with intravitreal Bevacizumab for the treatment of subfoveal choroidal neovascularization secondary to ARMD.	Haroon Tayyab
1436	1445	Role of Bevacizumab (Avastin) in Macular Edema.	Naheed Abrejo
1445	1454	Management Algorithm for Diabetic Macular Oedema in 2013.	Rehman Siddiqui
1454	1503	Effect of silicone oil on macular thickness in vitrectomized eyes.	Muhammad Ali Tahir
1503	1512	Cases from the Vitreo Retina.	Hussain A. Khaqan
1512	1521	Initial Experience of 23-Gauge Transconjunctival Vitrectomy for Vitreous Hemorrhages	Nisar Ahmed Siyal
1521	1530	<b>Discussion</b>	

**(7B) Free Papers****DILKUSHA****1400 - 1530****Chair : Ziaul Islam****Co-Chair : Khalid Talpur****Secretary : Muhammad Waseem**

1400	1407	Neostigmine test: best alternative to Tensilon test for diagnosing Myasthenia Gravis.	Noor Bakht Nazamani
1407	1421	Choroidal melanoma: A Case Report.	Naheed Abrejo
1421	1428	Optic disc pit: a rare case report.	M. Uzair Admani
1428	1435	Strength of motivation of medical students and its impact on academic performance.	Jamshed Ahmed
1435	1442	EARLY Presbyopia: A psychosomatic disorder?	Uzma Fasih
1442	1449	Inclusive eye health.	Shanawaz Munami
1449	1456	Knowledge Of Patient's Visual Experience During Cataract	Tanveer A. Chaudhry



		Surgery: A Survey of eye Doctors In Karachi Pakistan.	
1456	1503	Better ergonomics for Ophthalmologists.	Arif Siddiqui
1503	1510	Amblyopia management: myths broken.	Sameera Irfan
1510	1517	Brown Syndrome in one Eye and Duane Syndrome in the other: A case report.	Umair Qidwai
1517	1524	Access to cataract surgery in Pakistan.	Ziaul Islam
1524	1530	<b>Discussion</b>	

**TEA BREAK** **MARQUEE** **1530 – 1550**

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**SUNDAY 10<sup>TH</sup> MARCH 2013**

**SESSION # 8**

**(8A) Quiz Session (Courtesy: KOBEC) BALL ROOM A 1550 -1715**

**Moderator** : Javed Hasan Niazi  
**Panel of judges** :  
 1. Imran Ghayoor  
 2. Mirza Shafiq Ali Baig  
 3. Nisar Ahmed Sheikh

**8B) Mini Symposium on DILKUSHA 1550-1630**  
**Glaucoma (Courtesy: Allergan)**

**[Role of Prostaglandins / Prostaglandin's in the Management of Glaucoma]**

**Moderator** : P.S. Mahar  
**Panelists** :  
 1. Imtiaz Ali  
 2. Nadeem Hafeez Butt  
 3. Khalid Talpur  
 4. Sajjid Ali Mirza

**(8C) Video Session DILKUSHA 1630 - 1715**

**Moderator** : Abdul Hameed Siddiqui  
**Panelists** :  
 1. Tariq Aziz  
 2. Vasdev Harani  
 3. Shahid Azeem Mirza  
 4. Tariq Saleem

**Video Presenters :**

- 1. Zia ul Mazhry** : Place the IOL in Fetal Position and expect a normal safe delivery” Using re-useable metallic injectors with Aspheric TECNIS and Acrysof IOLs
- 2. Faisal Murtaza** : Management of Diabetic vitreous Hemorrhage with tractional retinal detachment by 23G MIVS at LRBT Free Base Eye Hospital Karachi.
- 3. Sharif Hashmani:** Video Presentation of Interesting Cases
- 4. Alyscia M. Cheema:** Repair of coloboma eyelid

**POSTERS**

01	Collodion Baby.	Attiya Rehman
02	Bilateral Optic Disc Drusen mimicking Papilloedema.	Royala Zaka
03	Lasik In Hyperopic Eyes With Congenital Nystagmus Using Solid State Laser.	Sharmeen Akram
04	Hypo pigmented Lesion caused by Moxifloxacin and Flouromethalone.	Quratulain Paracha
05	Steven Johnsons Syndrome.	Shaukat Ali Chhipa
06	Phacoemulsification, Vitrectomy And Endolaser Photocoagulation In Patients with Diabetic Retinopathy And Cataract.	Shahid Wahab
07	Role of Laser Photocoagulation In Patients With Symptomatic lattice Retinal Degeneration.	Akram Nizamani
08	Therapeutic corneal graft.	Tanveer A. Chaudhry
09	Xeroderma pigmentosa.	Tanveer A. Chaudhry
10	Comprehensive Approach To Treatment The Diabetic Macular Edema	Mahtab Alam Khanzada
11	New ocular association in Sanjad-Sakati Syndrome: A case report from Oman	Shahab Haider

**35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013****SUNDAY 10<sup>TH</sup> MARCH 2013****CLOSING CEREMONY****BALL ROOM A****1730 - 1830****GENERAL BODY MEETING OSP KARACHI****BALL ROOM A****1830 - 1930**

**35th NATIONAL OPHTHALMIC CONFERENCE & KAROPHTH 2013**

**Find Yourself.....**



Name	Session	Name	Session	Name	Session